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We're here to help you make the most of your time at Leeds. Send thoughts and feedback to the [student communications team](#). You can also join our [Facebook group for current students](#), follow [@UoLStudents on Twitter](#) or visit [students.leeds.ac.uk](http://students.leeds.ac.uk) for everything you'll need while at Leeds.

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## Exam arrangements

This year, the summer exam period will fall during Ramadan. If this affects you, you may wish to find out about alternative exam arrangements. This is also something you can do if you're disabled or become ill at the time of your exams. The deadline for [alternative exam arrangements](#) is Friday 22 February.

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## Final year project resources

If you're starting your final year project, the Library has some indispensable resources available for you.

[Final Chapter](#) - this guide will help you with getting started and researching, as well as providing support on writing, editing and proofreading.

Reference support - the Library has loads to offer when it comes to referencing! Including guides on the [hows, whens, and whys of referencing](#), [how to use EndNote to make referencing easier](#), and the [referencing style for your school](#).

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## Accessing NHS services

At this time of year, it's possible you might be unwell. Most colds normally go after a few days, but sometimes you may need to visit a chemist. [Find a list of pharmacies in Leeds](#).

If you need help or advice, and the [NHS \(National Health Service\) website](#) is useful to help you find the service you need and to work out whether you need to see a doctor.

Have you registered with a doctor yet? [Leeds Student Medical Practice](#) is near campus and provides help in seeing doctors, nurses and other services, such as sexual health and alcohol and drug support.

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### **Keep yourself and your belongings safe**

If you're working in the library or computer clusters, don't forget to take your things with you, even if you're only leaving for a few minutes. Your laptop and phones are important to you, so don't leave them unattended!

Every evening during term-time from 6.30pm, you can hop on LUU's [Nightbus](#) which takes you straight to your front door. It runs every half hour until 1am every day apart from Friday, when it runs until 4am. To catch a ride just head to the Nightbus banner in the union foyer when you need to leave.

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### **Undergraduate research and leadership opportunities**

#### Laidlaw Undergraduate Research and Leadership Scholarships

The [Laidlaw Scholarship](#) is currently accepting applications from first-year undergraduates from all faculties. Twenty-five scholarships are available, which provide the opportunity to undertake two six-week periods of supervised research, attend a programme of leadership development events, and receive a stipend of up to £6,000. Visit [MyCareer](#) to apply.

#### The Beaumont Award

Open to final-year undergraduates only, the [Beaumont Award](#) recognises research projects in the areas of Biological, Environment and Physical Sciences, Engineering, and Medicine and Health. Each winning student will be awarded £500, an engraved medal, and a place on the Enterprise Boot Camp run by Spark at the University's Careers Centre.

#### Leeds to South Korea Leadership Programme

The [Leeds to South Korea Leadership Programme](#) is open to all students at the University of Leeds. Fifteen students will be selected to attend a seven-day programme of leadership training at KAIST in Daejeon, South Korea. The trip will take place in June 2019, and applications will open in March.

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### **Participants wanted for Cafe 'Food-to-Go' research**

Great Food at Leeds (the university catering service) is passionate about providing the best possible service to staff and students on campus in our cafes and we'd love to hear your opinion on food-to-go products.

We are looking for one group of undergraduate students and one mixed group of postgraduates and staff who study and work at the University of Leeds. Each focus group session will take place on campus and last approximately 1.5 hours on the following days:

- Monday 11 March 11am – 12:30pm (undergraduates only)
- Monday 11 March 1 – 2:30pm (staff and postgraduates only)

Participants who complete the focus group session will receive a £20 Amazon voucher.

If you would like to contribute to the focus groups please [register your interest](#).

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### **Surveys – have your say**

The [National Student Survey](#) is now open! If you are an undergraduate in your final year, make sure you have your say about your time here at the University of Leeds. The survey is run by an independent company, Ipsos Mori and your responses are confidential. It only takes around 10 minutes and you can earn 100 free printer credits by completing online.

[Digital education systems](#), including lecture capture and Minerva are inviting you to join a user group to provide feedback. Your input will help to shape future developments and improvements to these systems. The group will meet once every two months either virtually or on campus, and refreshments will be provided when meetings are face to face. Express your interest by Friday 22 February.

### **Culture Theme photography competition**

The Culture Theme is holding a [photography competition](#) to select outstanding images that best represent cultural research at Leeds. Your photo can represent either cultural research in general, or one of six sub-themes listed on the [competition webpage](#).

The winning image will be awarded a £25 Love to Shop Voucher, and two runners up will each receive a £10 voucher.

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### **What's on**

Co-op opens in LUU, Wed 20 February

[Discover the Campus Art Trail](#), Wed 20 February, 2-3pm, Refectory steps

[House speed dating](#), Wed 20 February, 2-5pm, Unipol (155, 157 Woodhouse Lane)

[Pet therapy](#), Thurs 21 February, 12.30 – 1.30pm, LUU's Foyer

[Pot your own plant](#), Thurs 21 February, 4-7pm, LUU Room 4

[Lead LUU Live](#), Fri 22 February, 11-6pm, LUU's Pyramid theatre

[LGBTQ+ Workshops](#), Every Friday in February, 3-5pm, LUU's Room 5

[Mehfil – National Hindu Student's Forum](#), Sat 23 February, 7-11pm Refectory

[Culture Cooks](#) – learn to cook dishes from China, Tues 26 Feb, 5-8pm All Hallows Church

[A conversation with a Sex Therapist](#), Tues 5 March, 12.30-1.30pm, LUU Room 2

Don't forget you can keep up to date with what's happening with [LUU's What's On](#) pages, and the [For Students calendar](#).