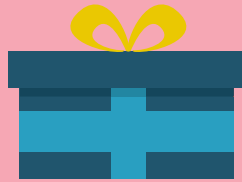


CHRISTMAS IN LEEDS 2019



IN PARTNERSHIP WITH



Leeds
University
Union



UNIVERSITY OF LEEDS

WHAT'S ON THIS SEASON

WILL YOU BE IN LEEDS OVER THE WINTER BREAK?

Christmas in Leeds is an annual programme for all students and postgraduate researchers who will be in Leeds over the winter break, providing the chance to meet others, experience Christmas traditions together and find out about help and support.

From film and games nights, to volunteering opportunities and trips, there are lots of activities to keep you entertained and make this Christmas in Leeds one to remember! Many events are family friendly and welcome students with partners and children in Leeds.

Join the Christmas in Leeds Facebook group to connect with others, share events and plan your holiday:

www.facebook.com/groups/UoLChristmas2019

For more information about each event and to buy tickets or reserve your place, visit:

<http://students.leeds.ac.uk/outofterm>



EVENTS ON CAMPUS



Every Monday (except 23 and 30 December)

Global Café

(LUU Common Ground, 17.30 - 19.30)

A great place for UK and international students to relax with friends and meet new people. **FREE** family friendly.

Every Wednesday (except 25 December and 1 January)

International Students Club

(Emmanuel Centre, 18.00 - 20.00)

This friendly club offers refreshments, a chance to chat and different activities each week. UK students are also welcome to join. **FREE** family friendly.

Every Friday (except 27 December and 3 January)

Sketch Club

(Stanley & Audrey Burton Gallery, Parkinson Building, 12.30 - 15.30)

Whether you can stay for 10 minutes or 3 hours, drop in and draw with all materials provided. **FREE**

Tuesday 3 December

Festive Food Share

(Riley Smith, 13.00 - 15.00)

Try festive treats from around the globe. **FREE** book your place.

Shoebox Appeal with HOMED

(LUU Room 6, 10.00 - 15.00)

Donate much needed items to help people living on the streets make it through winter. **FREE**

University Carol Service

(Great Hall, 17.15 - 18.15)

Celebrate the Christmas season with carols, excerpts from the Christmas story and seasonal refreshments. **FREE** family friendly.

Wednesday 4 December

An M&S Christmas Food Workshop

(M&S archives, 13.00 - 14.30)

Marks and Spencer is a famous British company that started in Leeds. Discover the history of M&S food marketing, branding and packaging. **FREE** book your place

Thursday 5 December

Christmas Decoration Making

(LUU Common Ground, 18.00 - 20.00)

Create your own Christmas decorations as you enjoy a hot drink and mince pie.

£5, pay when you arrive.

Friday 6 December

Old Bar's 80th Birthday party

(LUU Old Bar, from 20.00)

Celebrate Old Bar's big birthday with live music, a raffle, cake and drinks offers. **FREE**

Monday 9 December

Sustainable Christmas

Crafts (LUU Room 6, 13.00

- 14.00 or 14.30 - 15.30)

Learn how to make eco-friendly festive crafts. **FREE** book your place.

Winter Unity Starlight

Event (Level 12 Common

Room, Marjorie and Arnold Ziff

Building, 12.00 - 14.00)

Join others from across campus for a relaxing lunch.

FREE family friendly.

Wednesday 11 December

Harry Potter Night

(LUU Pyramid, from 17.00)

All witches and wizards can join for Harry Potter fun and a free film screening. **FREE** book your place



EVENTS ON CAMPUS

Thursday 12 December

Christmas Card Making

(LUU Room 5, 15.00 - 16.30)

Create your own festive greeting cards to send to someone this Christmas. **FREE**

Monday 16 December

Wellbeing HIIT & Core workout

(Jade Studio, 11.30 - 12.30)

Get moving and stay active at this inclusive workout session. **FREE** book your place

Ginger bread decorating

(LUU Room 5, 14.00 - 15.30)

Get in the festive mood at our Christmas gingerbread decorating session. **FREE** book your place

Tuesday 17 December

Wellbeing Pilates

(LUU Jade Studio, 12.00 - 13.00)

Take some time out practice pilates, yoga and stretching moves. **FREE** book your place

Christmas Decoration Making

(LUU Room 4, 12.00 - 13.30)

Come along and make your own festive decorations to brighten up your room. **FREE**

Christmas in Leeds Social

(LG10, Michael Sadler Building, 14.00 - 16.00)

Come to meet others who will be in Leeds over Christmas and enjoy hot drinks, cake, crafts and games! **FREE** book your place, family friendly

Wednesday 18 December

Culture Change Workshop

(Emmanuel Centre SR 11, 13.30 - 15.00)

Share experiences of culture change and discuss how to manage and learn from change. Ideal for anyone who has experienced culture change or is planning to spend time in another culture. **FREE** book your place

Thursday 19 December

Wellbeing Yoga

(LUU Jade Studio, 11.30 - 12.30)

Join a basic flow yoga class. **FREE** book your place

Meditation

(LUU Room 6, 12.00 - 13.30)

Learn different meditation and relaxation techniques to find the ones that help you relax. **FREE** book your place

Global Games Afternoon

(LUU Room 5, 14.00 - 16.00)

Come and play different board games from around the world. **FREE**

Coffee Connections

(Level 12 Common Room, Marjorie and Arnold Ziff Building, 12.00 - 14.00)

For partners and families of students and staff to meet and enjoy free tea, coffee and cake. **FREE** family friendly

Wellbeing Kung-Fu

(LUU Jade Studio, 16.00 - 17.00)

Fight your way fit with a mix of traditional Shaolin techniques, modern HIIT, and kickboxing training. **FREE** book your place



EVENTS ON CAMPUS

Friday 20 December

Christmas Meal

(University House, 12.30 - 14.30)

Join us for a Christmas meal and enjoy some traditional entertainment! Vegetarian options will be available. **FREE** book your place

Monday 23 December 2019

– **Thursday 2 January 2020**

University closes on 23 December and will reopen on 2 January 2020 but check out our off-campus events on pages 5 and 6

Monday 6 January

Wellbeing HIIT & Core workout

(Jade Studio, 11.30 - 12.30)

Get moving and stay active at this inclusive workout session. **FREE** book your place.

Tuesday 7 January

Wellbeing Pilates

(LUU Jade Studio, 12.00 - 13.00)

Take some time out practice pilates, yoga and stretching moves. **FREE** book your place.

Wednesday 8 January

Tea Tasting

(LUU Room 5, 14.00 - 15.30)

Try different types of tea enjoyed in various countries around the world whilst chatting over games and biscuits. **Free**

Thursday 9 January

Wellbeing Yoga

(LUU Jade Studio, 11.30 - 12.30)

Join a basic flow yoga class. **FREE** book your place

Meditation

(LUU Room 6, 12 - 13.30)

Learn different meditation and relaxation techniques to find the ones that help you relax. **FREE** book your place

Wellbeing Kung-Fu

(LUU Jade Studio, 16.00 - 17.00)

Fight your way fit with a mix of traditional Shaolin techniques, modern HIIT, and kickboxing training. **FREE** book your place

Friday 10 January

Make Your Own Natural Body Scrub

(LUU Room 4, 14.00 - 15.00)

Make your own hydrating winter body scrub out of natural ingredients. **FREE** book your place

For more information on each event and to buy tickets or reserve your place, visit:

students.leeds.ac.uk/outofterm



EVENTS OFF CAMPUS

Whether you come to these events on your own or with friends or family, friendly student assistants will introduce you to new people and make sure everyone has a great time.

Some ticketed events are subsidised so may be cheaper than buying elsewhere. Please book early to reserve your place, visit:

<http://students.leeds.ac.uk/outofterm>

Saturday 30 November Oxfam Online Volunteer Taster

(Meet at Leeds Train Station, 9.15 - 15.30)

Spend a day behind the scenes at Oxfam's warehouse to help sort and despatch clothing to a worldwide audience to raise money for Oxfam. **FREE** book your place.



Sunday 1 December Explore Keswick in the Lake District with Get Out, Get Active

(Meet at Parkinson Steps, 08.30 - 18.30)

Explore the beautiful market town of Keswick and its surrounding countryside, including Derwentwater, on this guided walk. £17, book your place.

Saturday 7 December Trip to Manchester

(Meet at Parkinson Steps, 10.00 - 19.15)

Explore the city and its award-winning Christmas markets all in one day. Standard £12, Halls £7, book your place.

Explore Whitby with Get Out, Get Active

(Meet at Parkinson Steps, 08.30 - 18.30)

Join this scenic coastal walk finishing in the charming town of Whitby which was immortalized in Bram Stoker's gothic horror novel, Dracula. £15, book your place.

Sunday 8 December Santa Dash Volunteering Taster

(Meet at Leeds Town Hall, 8.30 - 12.00)

Volunteer as an Event Marshall to support runners dressed as Santa Clause as they dash through the city to raise money for St Gemma's Hospice. **FREE** book your place.

Saturday 14 December Get Out, Get Active walking trip

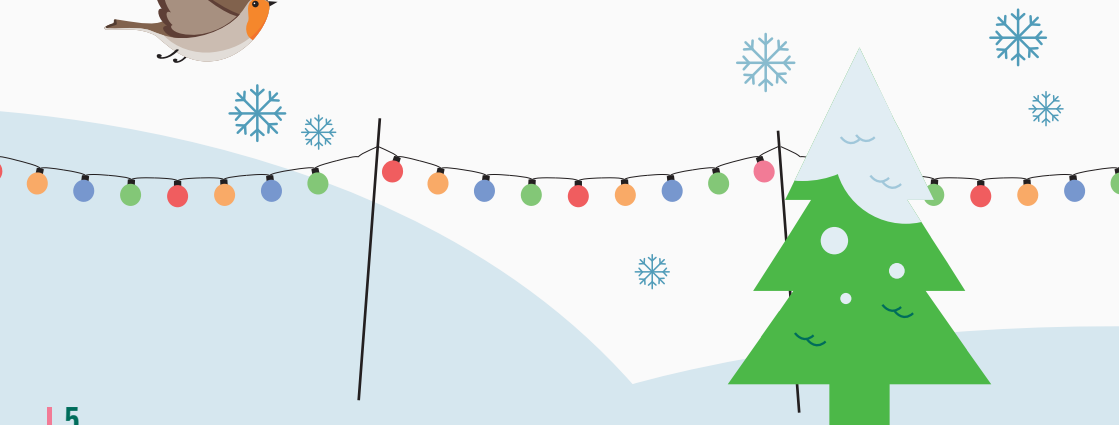
(meeting place and time to be confirmed)

Participants will vote for the location of this special trip! Check the GOGA webpages for more details. Book your place.

Wednesday 18 December Trip to York

(Meet at Parkinson Steps, 11.00 - 19.00)

Visit one of the UK's oldest cities, famous for its architecture, cobbled streets, iconic York Minster and festive markets. Standard £10, Halls £5, book your place.



EVENTS OFF CAMPUS

Thursday 19 December

Oxfam Online Volunteer Taster

(Meet at Leeds Train Station, 9.15 - 15.30)

Spend a day behind the scenes at Oxfam's warehouse to help sort and despatch clothing to a worldwide audience to raise money for Oxfam. **FREE** book your place.

Saturday 21 December

Pantomime: Sleeping Beauty

(Carriageworks Theatre, Millennium Square, 18.00 - 21.00)

In true British Christmas tradition, be ready for costumes, comedy, music and mayhem in this magical performance of a classic fairytale. £10, book your place, family friendly.

Wednesday 25 December

Rainbow Junk-tion Christmas Lunch

(Rainbow Junk-tion Cafe, All Hallows Church LS6 1NP, 12.00 - 15.00)

Enjoy a tasty meal made from food that would otherwise be wasted at this pay-as-you-feel community Christmas lunch. Pay by donation on the day, book your place for free, family friendly.

Thursday 26 December

Rugby Match: Leeds vs Wakefield

(Meet outside Sainsbury's in Headingley, 10.30 - 13.30)

Feel the excitement of watching a live Rugby match – an experience not to be missed! £5, book your place before 16 December, family friendly.

Saturday 28 December

Trip to Saltaire with Get Out, Get Active

(Meet at Parkinson Steps, 10.00 - 16.00)

Explore the Victorian model village of Saltaire and the beautiful surrounding countryside. You will be taken on a guided walk and have free time afterwards to explore the town of Saltaire or to visit the historic Salts Mill. £10, book your place

Many see the festive period as a time for helping others and taking part in community activities.

For more volunteering opportunities visit:

[leedsforlife.leeds.ac.uk/
Opportunity/Index](http://leedsforlife.leeds.ac.uk/Opportunity/Index)

[doinggoodleeds.org.uk/
volunteering-in-leeds](http://doinggoodleeds.org.uk/volunteering-in-leeds)

EVENTS IN THE CITY

Why not book tickets for traditional shows such as carol concerts, ballets, and musicals? Or visit the stately homes of Lotherton Hall or Temple Newsam for their traditional Christmas experiences.

For more events in the city including Christmas markets, family friendly events and performances visit:

[http://students.leeds.ac.uk/
ootofterm](http://students.leeds.ac.uk/ootofterm)

For more events across the city visit:

www.visitleeds.co.uk/whats-on

<http://whatson.leeds.gov.uk>



NOVEMBER/DECEMBER CALENDAR

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
					30 Oxfam Online Volunteer Taster 9.15 - 15.30	01 Explore Keswick in the Lake District 08.30 - 18.30
02 Global Café 17.30 - 19.30	03 Festive Food Share 13.00 - 15.00 Shoebbox Appeal 10.00 - 15.00 University Carol Service 17.15 - 18.15	04 An M&S Christmas Food Workshop 13.00 - 14.30 International Students Club 18.00 - 20.00	05 Christmas Decoration Making 18.00 - 20.00	06 Old Bar's 80th Birthday party 20.00	07 Trip to Manchester 10.00 - 19.15 Explore Whitby 08.30-18.30	08 Santa Dash Taster 8.30 - 12.00
09 Global Café 17.30 - 19.30 Sustainable Christmas Crafts 13.00 -14.00 or 14.30 - 15.30 Winter Unity Starlight Event 12.00 - 14.00	10	11 Harry Potter Night from 17.00 International Students Club 18.00 - 20.00	12 Christmas Card Making 15.00 - 16.30	13	14 Get Out, Get Active walking trip TBC	15
16 Wellbeing HIIT & Core workout 11.30 - 12.30 Global Café 17.30 - 19.30 Ginger bread decorating 14.00 - 15.30	17 Wellbeing Pilates 12.00 - 13.00 Christmas Decoration Making 12.00 - 13.30 Christmas in Leeds Social 14.00 - 16.00	18 International Students Club 18.00 - 20.00 Culture Change Workshop 13.30 - 15.00 Trip to York 11.00 - 19.00	19 Wellbeing Yoga 11.30 - 12.30 Meditation 12.00 - 13.30 Global Games 14.00 - 16.00 Coffee Connections 12.00 - 14.00 Wellbeing Kung-Fu 16.00 - 17.00 Oxfam Online Taster 9.15 - 15.30	20 Christmas Meal 12.30 - 14.30	21 Pantomime: Sleeping Beauty 18.00 - 21.00	22
23	24 University Closed	25 University Closed Christmas Day Rainbow Junk-tion Christmas Lunch 12.00 - 15.00	26 University Closed Boxing Day Rugby Trip 10.40 - 13.30	27 University Closed	28 University Closed Trip to Saltaire 10.00 - 16.00	29 University Closed
30 University Closed	31 University Closed New Years Eve					

EVENT COLOUR KEY:



University Event



LUU Event



Chaplaincy Event

JANUARY CALENDAR



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		01 University Closed New Years Day	02	03	04	05
06 Wellbeing HIIT & Core workout 11.30 - 12.30 Global Café 17.30 - 19.30	07 Wellbeing Pilates 12.00 - 13.00	08 International Students Club 18.00 - 20.00 Tea Tasting 14.00 - 15.30	09 Wellbeing Yoga 11.30 - 12.30 Meditation 12.00 - 13.30 Wellbeing Kung-Fu 16.00 - 17.00	10 Make Your Own Natural Body Scrub 14.00 - 15.00	11	12
13 Exam Period Begins	14	15	16	17	18	19
20	22	23	24	25 Exam Period Ends	26	27
28 Teaching Begins						

EVENT COLOUR KEY:



University Event



LUU Event



Chaplaincy Event

INFORMATION AND SUPPORT

WHAT TO EXPECT THIS SEASON

The festive season can be a busy time of year. The city centre and services such as public transport may be more crowded than usual.

On the other hand, the University campus is quieter than during term-time as many students travel to other cities or countries. But there are still plenty of events and activities for those who stay in Leeds.

If you're in Leeds over Christmas, don't forget to plan ahead to make sure you have an enjoyable holiday. Here is some useful information about changes to services during the Christmas and New Year period.

SERVICES IN THE CITY

Shops

Shops may have increased or reduced opening hours over the festive period. Visit the individual shops' websites to find their seasonal opening hours. Most shops will be closed on Christmas Day and New Year's Day so buy food and provisions in advance.

Restaurants

If you want to eat out over Christmas, make sure to book ahead of time as restaurants get booked up quickly during the holidays, especially on Christmas Day.

Public transport

There will be limited or no services on some days, including 25 and 26 December and 1 January. Services can also be disrupted by winter weather, particularly snow.

Check for additional travel disruption or timetable changes before you make your journey.

Visit: www.wymetro.com

Here's a list of some local taxi services, which can be booked in advance:

Amber Cars: **0113 202 2117**

Royal Cars: **0113 230 5000**

Arrow Private Hire: **0113 258 5888**

Wheels Taxis: **0113 249 9999**

CAMPUS SERVICES

University of Leeds

The University will be closed from 24 December and re-open from 2 January 2020.

Leeds University Union

Your Students' Union will be closed from 24 December and will re-open on 2 January 2020. Some bars, shops and cafes will have reduced opening hours during the Christmas period.

0113 380 1400

www.luu.org.uk

The Edge

University sports facilities can be accessed over the holidays. See their opening hours and Christmas offer at <https://sport.leeds.ac.uk/>. You'll also find information online about climbing, swimming and personal training courses as well as class timetables. The Edge are offering free virtual fitness classes almost every day from 16 December 2019 until 5 January 2020. To sign up visit: <http://students.leeds.ac.uk/outofterm>

University Residences

If you live in halls of residence and are staying in halls this winter, make sure you're part of your halls Facebook group to keep up to date with what's happening and to connect with other students still around. If you have any ideas for events or activities you'd like to see in your halls over the festive period, email: residencelife@leeds.ac.uk

STUDY SPACES

University of Leeds Libraries

Libraries will be closed whilst the University is closed. For the opening times of all the University libraries visit: <https://library.leeds.ac.uk/locations>

Leeds Central Library

The city's Central Library will close at 15.00 on 24 December and re-opens at 9.00 on 27 December. It will also be closed on 1 January. It offers free computer access, a quiet study area and free WiFi. For more information and opening times, visit: www.leeds.gov.uk/leisure/Pages/Central-library.aspx

Local libraries can be accessed across the city. To find your nearest library visit: www.leeds.gov.uk/leisure/Pages/Your-library.aspx

University of Leeds Computer Clusters

24 hour IT clusters can be accessed throughout the holidays using a security keypad. Find more information here: <https://infoscreen.leeds.ac.uk/clustercode/>

INFORMATION AND SUPPORT

HELP AND SUPPORT

LUU Help and Support

If you need help or advice, visit the Help and Support team in the LUU foyer. LUU Advice offer a range of services, including drop-in sessions, appointments, phone calls, email communication and Skype meetings.
advice@luu.leeds.ac.uk
www.luu.org.uk/student-help-support

Universities' Chaplaincy in Leeds, Emmanuel Centre

The Chaplaincy run weekly social and prayer services and can offer help finding church services in the community.

The Chaplaincy and Common Room will close at 17.00 on 23 December 2019 and will re-open on 2 January 2020.

If you need to contact a chaplain for faith or pastoral support, you can email: chaplaincy@leeds.ac.uk or call on: **0113 343 5071**.

If you are in crisis and need Chaplaincy support out of hours, or in the holidays, call: **07780 613 862**.
www.leeds.ac.uk/chaplaincy

University Security Services

If you have any problems when the University is closed, you can contact the Security Office, which is available 24 hours a day, every day of the year.

175 Woodhouse Lane
security@leeds.ac.uk
General Enquiries: **0113 343 5494** or **0113 343 5495**
Emergencies Only: **0113 343 2222**
<https://commercialcampussupport.leeds.ac.uk/security/>

Feeling at Home in Leeds online guides

Whether you've recently arrived in Leeds, or been here for some time, these interactive guides can help you make the most of all aspects of University life. Take some time during the break to explore the student stories and activities in the guide, which will help you reflect on your experiences in Leeds so far and think about your future goals.

To access the guide for your study level visit: <http://students.leeds.ac.uk/feelingathome>

Big White Wall

This supportive online community offers 24 hour support every day of the year. Trained counsellors are online at all times, as well as a range of helpful resources. You can go to www.bigwhitewall.com and sign up with your University email.

Samaritans

Located near the Business School, Samaritans offer 24-hour emotional support to anyone in need of someone to talk to. The best way to contact them is to call **116 123** for free from any phone. You can also email jo@samaritans.org or you can visit Samaritans in person for a face-to-face drop in appointment with a volunteer between 9.00 - 21.00, 93 Clarendon Road, Leeds, LS2 9LY. Please note the drop-in service is subject to volunteer availability.
www.samaritans.org/branches/samaritans-leeds

HOW DO PEOPLE CELEBRATE CHRISTMAS IN THE UK?

If you are experiencing Christmas in the UK for the first time, here's some information about what you can expect.

For some, Christmas Day can start with a church service, followed by eating a traditional Christmas dinner, playing board games, going on a walk and then falling asleep while watching the Queen's Speech on TV. Some people decorate their homes with colourful lights, wreaths and, of course, a Christmas tree.

Many enjoy exchanging gifts and children receive stockings filled with small gifts. You could organise a 'Secret Santa' to share gifts with friends: www.wikihow.com/Do-a-Secret-Santa

Traditional Christmas foods include: roast turkey or vegetarian nut roast, stuffing, brussel sprouts, roast potatoes, Yorkshire puddings, mince pies and Christmas pudding. For Christmas recipes visit: www.bbcgoodfood.com/howto/guide/complete-christmas-menu-classic
www.bbcgoodfood.com/recipes/collection/vegan-christmas

If you're an international student interested in cultural exchange, find out more about how you can visit a British family for a day or a weekend with Host UK. The deadline to apply for a festive visit over Christmas is 26 November 2019: <https://students.leeds.ac.uk/host>

globalcommunity@leeds.ac.uk
<http://students.leeds.ac.uk/outofterm>



UNIVERSITY OF LEEDS