**TRAINEE COUNSELLOR PLACEMENT**

**AT THE UNIVERSITY OF LEEDS**

**Student Counselling and Wellbeing Service**

The Student Counselling and Wellbeing Service (SCW) at the University of Leeds is a multi-professional team of Counsellors, Mental Health Advisors and Wellbeing Practitioners offering a range of services to support students during their time at the University of Leeds.

The SCW offer single session consultation appointments, mental health and wellbeing support, face-to-face and online counselling, groups and workshops, meditation, and a range of self-help resources.

The Counselling service aims to offer an effective, professional and confidential service to undergraduate and postgraduate students of the university, in accordance with the BACP’s Ethical Framework for the Counselling Professions. The Counselling Service offers brief counselling, up to four sessions.

**Placement Hours**

The placement is usually for one academic year. This academic year 2023 -2024, the counselling sessions will be provided face to face with some occasional remote appointments. Placement hours take place on Fridays between 9.00 am – 1.30 pm and from 12.30 pm to 5.00 pm. In some situations, with the agreement of the Trainee Coordinator, placements can be extended to a second year.

**Supervision**

The Trainee Counsellor is responsible for attending regular, fortnightly counselling supervision with an external supervisor. It is a Trainee Counsellor responsibility to find a supervisor who ideally has had considerable experience of supervisory work with students and with time limited therapy. The Trainee is responsible to cover all the costs related to supervision.

The SCW provide one hour of compulsory weekly mentoring meetings on Fridays starting at 12.30 pm.

**Membership of a Professional Organisation**

The SCW is accredited by the British Association for Counselling and Psychotherapy (BACP). You will need to be a student member or above of a professional organisation in counselling or psychotherapy (BACP, UKCP or equivalent).

**Selection Criteria**

* Being close to completing at least the first year of Diploma, Advance Diploma or MA training on a BACP or UKCP accredited (or equivalent) counselling or psychotherapy course.
* Experience in providing counselling or psychotherapy.
* Or extensive experience (over a year) of providing emotional support.
* Understanding of academic related issues and difficulties presented by undergraduate and postgraduate students within a university environment.

**Application Process**

The SCW service has a limited number of trainee placements and recruits when the space becomes available.

* Trainee Counsellor needs to complete an application form and email it to scw@leeds.ac.uk
* Short-listed candidates will be invited to an interview when the trainee placement space becomes available.
* SCW will request two references, one from the applicant’s tutor.
* Up to date, a DBS check will need to be provided before the Counselling Trainee will be able to start the placement.