

# Jobs, Careers and Volunteering in the UK

International orientation

Careers Service Volunteering





## Disclaimer

All content in this presentation has been prepared for the 2025/26 academic year and is subject to future updates or modifications.



## Who we are



### Marc Steward

- Careers Consultant
- International Student focus



### Jordan Nugent

Volunteering Officer



## **Careers Service**

#### The Careers Service team can help you:

- Access new experiences such as work, volunteering and projects- locally and internationally.
- Identify and develop the skills you need for employment and further study.
- Make decisions about what you want to try next.
- Maximise the success of your applications and interviews.
- Create meaningful connections.



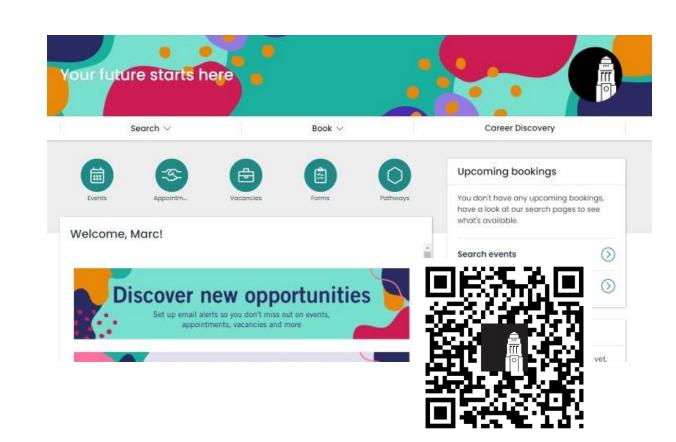
**Location: 5-7 Cromer Terrace** 



## **MyCareer**

### MyCareers is out online platform where you can:

- Browse opportunities local, national, and international job opportunities, internships, placements, volunteering opportunities and exclusive roles just for Leeds students and graduates.
- Sign up for events employer talks, skillsworkshops, fairs, and networking events.
- Book appointments with Careers Advisors.



mycareer.leeds.ac.uk



## **Employability events**

#### **Careers Fair**

Tuesday 14th October 2025, 11am – 3pm The Edge Sports Centre

#### **STEM Careers Fair**

Tuesday 21st October 2025, 11am – 3pm The Edge Sports Centre

### **Volunteering Fair**

Thursday 16th October 2025, 11am – 3pm Riley Smith Theatre in Leeds University Union.



- These events are open to all students and postgraduate researchers.
- Keep checking the Events section of MyCareer.



# **Careers Support**





## Careers support for all international students

### **Use MyCareer to:**

- Look for international student careers workshops, volunteering opportunities and employability events offered throughout the year.
- Book one-to-one appointments, any Careers Consultant or Careers Adviser.

<u>Check our University of Leeds International Student and Graduate Careers FAQ (SWAY)</u> for:

- Detailed guidance on booking appointments.
- Useful websites to start looking for jobs.
- Student stories and more!





# Careers support (1) for Postgraduate Taught students

- All events on offer are open to you and you can get advice and support from Careers staff.
- We have some specific "PGT Careers Support" workshops/webinars on offer too – come to see us to find out more!

### Some advice for you:

- Keep your workload in mind your course is priority.
- Try to make time for other activities, if you can.
- Be aware that graduate schemes often start in the summer.



Check our PGT Careers Support (SWAY) for more advice.



# Careers support (2) for Postgraduate Taught students

**Leeds Global Industry Programme** – an online industry consulting experience guaranteed for all PGT students (only).

- A two-week online project run by Practera.
- After registering, you join a small team of Leeds students to work on a client project.
- The programme includes workshops, team meetings, assessments, coaching calls, and client feedback.
- At the end, you submit a final report and receive reflections, an ecertificate, and a badge.



Find out more about the Leeds Global Industry Programme



# Careers support for Postgraduate Researchers

- Careers Fairs for PGRs throughout the year.
- Check the <u>PGT CareersSupport (SWAY) for more advice.</u>

### Some advice for you:

- Recruiters at other careers events may not understand as much about what you do - Can you introduce yourself and your skills quickly in a way that a non-expert can understand?
- Think of yourself as a package of skills and experiences that you can transfer to many areas – Why not read our PGR blogs?





# Speak to us in person

- Come to the Careers Centre,
   5-7 Cromer Terrace
- Speak to one of our friendly Peer Support Assistants.
- Email the Careers Service at careerscentre@leeds.ac.uk





# Careers and employability advice





## Part-time work Joblink

Joblink is the student job shop run by Leeds University Union (LUU) yhat connects students with local employers offering part-time, temporary, casual work, internships, and other flexible employment options.

- Browse and apply for jobs online through the Joblink website
- Visit the Joblink office in the Leeds University Union for advice and support.





## How to find work in the UK

- Start to look for jobs or internships from now, not at the end of your course.
- UK employers like "well-rounded" candidates, so think about your experiences outside of education as well as your degree/Masters/PhD.
- It is very important to not send employers generic applications!
- Try to attend employer events face-to-face. It is important to make an impression.
- Get on to <u>LinkedIn</u> and attend a <u>LinkedIn workshop</u> to understand why it is important in your job search planning.





## Student tips

- ✓ Consider your academic commitments and make sure not to leave your studies behind.
- ✓ Check how many hours your visa allows you to work for –
  the <u>Student Visa Advice team</u> can help!
- ✓ <u>Ask about the Careers newsletter</u> to keep updated about job vacancies and extra-curricular opportunities.
- ✓ Speak to <u>Careers contacts in your Faculty</u>.
- ✓ Look out for opportunities in the city restaurants and shops usually have job opportunities advertised on their window.
- ✓ Ask the Careers service about employability events happening on campus and in the city and join in!





# Volunteering during your studies





## **Advice from students**

My advice is to get involved in different things.

if you see an opportunity, go for it! It doesn't need to be relevant to your course: UK employers love to see how **your skills have developed** in a range of settings.

My role as a <u>Biodiversity Ambassador</u> had nothing to do with marketing, but I worked in a team and handled data, which provided me with **lots of examples to talk about in job interviews**.

Ishita
MA Corporate
Communications, Marketing

and Public Relations Graduate.



## Why volunteer

- Develop new skills
- Learn more about the local community
- Make new friends or volunteer with current ones
- Explore your passions
- Meet like-minded people
- Lots of wellbeing benefits
- Contribute to positive social change
- Lots of wellbeing benefits
- Get skills you can transfer to your career





## Skills and experience

These are just some of the employability skills you can come away with from involvement with volunteering:

- Organisational skills
- Teamwork
- Self-motivation
- Communication skills
- Time management skills
- Independent working
- Commercial awareness
- Problem solving





# Volunteering and your career (1)

Where to include volunteering in applications and how to present it in interviews:

### On your CV

- Under the "Relevant Experience" section, if directly related to the role
- In a separate section called "Volunteering"
- Within the session where you can talk about your "Achievements and Interest"

**On LinkedIn** –Talk about your Volunteering experience:

- On your LinkedIn profile
- By sharing photos, blogs, experiences



students.leeds.ac.uk/volunteering



# Volunteering and your career (2)

Where to include volunteering in applications and how to present it in interviews:

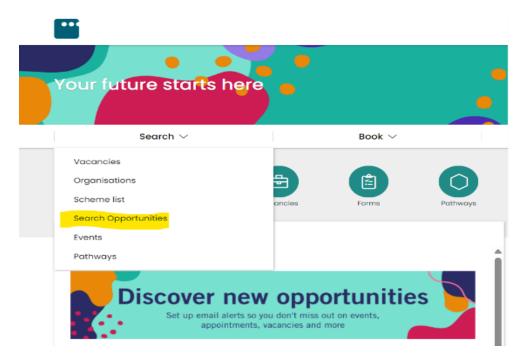
**In interviews –** Use your volunteering experience:

- as evidence of a particular competency or strength
- if asked to describe an achievement
- to demonstrate your values/motivations

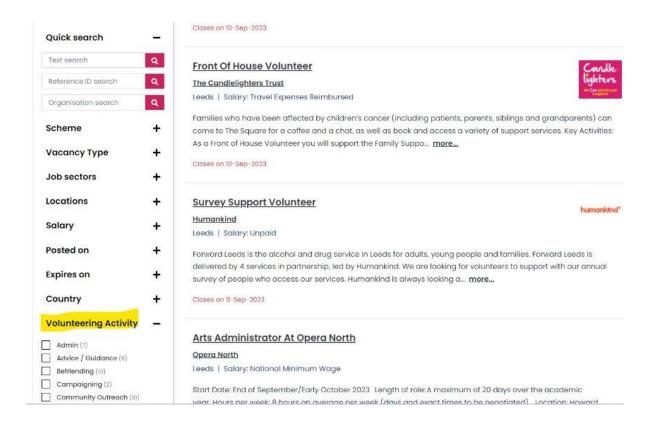




# Search for volunteering roles on MyCareer



students.leeds.ac.uk/volunteering





# Student experiences on Volunteering (1)

### Volunteering in a forest school

"I want to become an educational psychologist, and I feel that volunteering with children in whatever capacity will help with this."

"Forest schooling has been a whole new experience for me. I have learnt so much about nature and how much of a positive impact this time has on children."

"I find that volunteering allows you to ask many people about the area of work that you want to going to, giving you loads of insight about what the future may hold."



Stephanie, BSc Psychology



# Student experiences on Volunteering (2)

### Volunteering with the Repair Café

"Through this role, I've not only developed my general repair and hands-on skills but also had the chance to connect with a wide range of students and staff who share an interest in sustainability and crafting."

"It's a great feeling to know that **you've done something small to make someone happy** and protect the environment."

"It's been a great opportunity to step out of my comfort zone, try something new and connect with people from across the University."



Eleanor, BEng, MEng Mechanical Engineering (Industrial)



# Student experiences on Volunteering (3)

### **Volunteering as an Intercultural Ambassador**

"Volunteering provides me with a sense of purpose, I can become part of something greater than myself through volunteering. It also allows me to connect to the community and make it a better place".



Maryam, Law LLB

Find out more about <u>becoming an Intercultural Ambassador</u>.



## Volunteering support

- One-off volunteering opportunities
- Information sessions
- Student Volunteering Week February 2026
- Celebration Event for Student Volunteers

### **Volunteering drop-in:**

- every Thursday, 1 2pm
- Crossroads, Leeds University Union



**How to find Crossroads** 



# Useful websites and resources





## **Useful websites**

- Prospects.ac.uk Job Profiles and What Can I Do With My Degree?
- <u>TargetJobs.co.uk</u> Careers advice- CV examples, how to answer interview questions, identifying your skills
- <u>LinkedIn</u> Show off your experience, make connections, find opportunities, increase commercial awareness. Use it effectively by following organisations and people you find interesting.
- <u>Student Circus</u> (also on <u>LinkedIn</u>) Job opportunities with visa sponsorship, and careers advice for international students.
- <u>Gradcracker</u> STEM jobs- but also Banking, FinTech, Education opportunities.



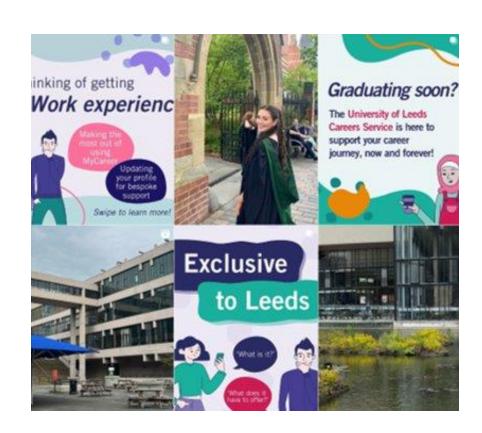


## Follow us on social media Careers

Keep up with the latest news on events, workshops and opportunities.

Careers Service Instagram: @leedscareers







# Follow us on social media Volunteering

Keep up with the latest news on events, workshops and opportunities.

Volunteering Instagram - @volunteeratleeds







## Thank you

### **GIVE US FEEDBACK**

Leave your feedback on this session for a chance to win one of three £30 shopping vouchers.



