



Green Christmas CHECKLIST

**An extra 30% more waste is produced over the Christmas period¹.
Here are some easy ways that you can be more green this Christmas.**

ECO-FRIENDLY GIFT IDEAS

- ☐ Tickets to the theatre, the cinema, to concerts, the football, galleries, & museums.
- ☐ Hand-made gifts, items from charity shops or gifts that you received but don't use.
- ☐ Consumables like homemade cookies, bottles of wine, local jam or honey.
- ☐ Plants such as potted plants, seedlings, potted herbs for cooking enthusiasts or non-imported fresh flowers.
- ☐ Memberships to organisations like the National Trust, or subscriptions to their favourite magazine.
- ☐ If you have a specific idea in mind, aim for it to be single-use plastic-free!

WRAPPING

- ☐ Switch wrapping paper out for fabric like the Japanese tradition of *furoshiki* using repurposed saris, scarves & cloth swatches.
- ☐ Use newspaper (preferably a big, fancy-looking broadsheet) which can be recycled afterwards.
- ☐ Make your own using brown paper & potato stamps!
- ☐ Reuse bags, bows & ribbons from gifts you received last year.
- ☐ Turn last year's cards into this year's tags.

REDUCING WASTE

- ☐ Look for festive jumpers & party outfits in charity shops or see if you can borrow items from friends/family.
- ☐ If buying ornaments for your flat, consider non-plastic ones – check out Etsy, or make your own from cinnamon sticks, dried citrus rings, or pinecones.
- ☐ Recycle as much packaging waste from deliveries as possible – it's possible to recycle Styrofoam!
- ☐ Take reusable bags with you when doing your Christmas shopping.
- ☐ Avoid disposable plates & cups when throwing parties.
- ☐ If cooking a Christmas dinner in your flat, make sure you have a plan for leftovers – freeze them, give them to friends & avoid overbuying in the first place.
- ☐ If you are getting rid of unwanted coats or blankets, see if local shelters want them as they are very important at this time of year!
- ☐ Donate other unwanted items to charity shops instead of throwing them out.

CHRISTMAS CARDS

- ☐ Choose cards made from recycled paper that can be recycled again.
- ☐ Consider cards supporting charitable causes.
- ☐ Consider sending e-cards, especially for family & friends who live abroad.