# Life at Leeds





We're here to help you make the most of your time at Leeds. Send thoughts and feedback to the <u>student communications team</u>. You can also join our <u>Facebook group for current students</u>, follow <u>@UoLStudents on Twitter</u> or visit <u>students.leeds.ac.uk</u> for everything you'll need while at Leeds.

Welcome back! January is a busy and exciting time, but with exams for many on the horizon we'll be with you throughout to help and support.

#### January exams

Exams start on Monday 14 January and finish on Friday 25 January 2019 – here's some useful links to information to help with study, exam preparation and support:

# Places to study

- Our four main libraries have <u>extended opening hours</u> during exams, with the Laidlaw library open until midnight this week and then 24 hours a day during the exam period.
- <u>Computer Clusters</u> some of these are open 24 hours you'll need a <u>cluster code</u> to get in.
   Did you know you can check <u>how busy each computer cluster is</u> before you go?

Many of the <u>cafes across campus</u> are good to study in. Find your nearest and grab some quality time reading with a hot drink. Many have charging points for your laptop and phone!

## **Preparing for your exams**

- We have an archive of <u>past exam papers</u> from your course to give you an idea of what to expect.
- The library has a detailed section on <u>revision and exams</u>. Find out how to plan your revision, preparing for exams and managing exam stress.

#### Where to go for support

- Leeds University Union (LUU) have been here for students over the decades and know how
  you're feeling and will always provide professional, confidential support. They have weekday
  afternoon drop-in service with appointments bookable on the day, plus specific information
  on managing exam worries. Additionally they'll be providing free breakfasts, light therapy
  and arrange of activities in the LUU foyer.
- Your personal tutor can play an important role supporting your academic and personal development, and if you're worried about exams, you can make an appointment with them in the Leeds for Life website.
- Your friends and family know you well, and familiar voices and positive understanding can make a real difference.
- <u>Feeling at home in Leeds</u> is a series of online guides which are designed to help you feel at home, finding a good balance and getting the right help and support.

# **Printing is changing**

The way you print is changing and you'll notice a few changes, including a new printer queue name and a new interface at the printer. Look out for the posters next to the printers or check the IT website for more information.

## **Partnership Awards**

Students, staff or postgraduate researchers, there's plenty of great people who make up our academic community.

If someone has made your year, it's time to make theirs.

Whether they've inspired you, helped you out or supported you, make their year by <u>nominating</u> them for a Partnership Award and recognising that they're doing an amazing job. Nominations close on Monday 18 February 2019 at 11.59pm.

## What's on

- <u>LUU sustainable garden volunteer session</u> Wednesday 9 January, 2 4pm, Sustainable Garden (next to Roger Stevens).
- Motivational postcard making Friday 11 January, 11.30 am, LUU Room 5.
- <u>Pet therapy</u> Monday 14 January, Thursday 17 January, Monday 21 January, Thursday 24 January, 12.30pm 1.30pm, LUU Foyer.
- Free meditation Thursday 17 January, 12pm 1pm, LUU Jade Studio.
- Wellness Kung Fu Friday 18 January, 4pm 5pm, LUU Jade Studio.

• Wellbeing exercise class – Tuesday 22 January, 12pm - 1pm, LUU Jade Studio.

Keep an eye on LUU's 'What's on', and the For Students calendar for up to date information.

# In case you missed out

Don't forget to keep your property safe, particularly new items you may have got over the holidays.

Have your say on the Leeds curriculum and be in with a chance of winning £50 of shopping vouchers.

Are you <u>registered to vote</u>? You can register on the council website for local elections.

You can get involved and <u>submit your ideas to LUU</u> to bring about change in the Union, University and city.