# Life at Leeds





Life at Leeds is the student e-newsletter brought to you by the student communications team. The newsletter aims to help you make the most of your time at Leeds. Send your thoughts and any feedback to <a href="mailto:studentcommunications@leeds.ac.uk">studentcommunications@leeds.ac.uk</a>

# Undergraduate finalists - complete the NSS and receive 100 free printer credits

Help shape the future! Have your say about your time here at the University of Leeds by completing the <u>National Student Survey (NSS)</u>. The survey takes 10 minutes to complete and you'll receive 100 free printer credits into your account as a thank-you.

# University and College Union (UCU) strike

Earlier today, you will have received an email from our Deputy Vice-Chancellor, Professor Tom Professor Ward, about the upcoming UCU industrial action. Please take a moment to read the email so that you understand how you may be affected. We'll also be providing <u>further guidance</u> and information on our student website once it's available.

### Cycle and pathway closure

The cycle and walking pathway which runs from Willow Terrace Road to Woodhouse Lane, near the Nexus construction site, will be closed from 12 February 2018 – September 2018. Visit the <a href="Campus Developments website">Campus Developments website</a> for details of this and any other disruptions.

# Measles, Mumps and Rubella (MMR) advice

Do you know if you've had the 2 MMR vaccinations? If you're unsure or haven't had them, speak to your local doctor to get a free vaccination. Measles is a highly infectious viral illness that can be very unpleasant and sometimes lead to serious complications.

Recently, there has been an increase in the number of measles cases reported in the UK – some of these confirmed cases have been university students. Through work placements, nursing, medical

and healthcare students are at increased risk of coming into contact with measles. We therefore advise that you speak to your GP or occupational health team to get vaccinated.

Detailed advice including what symptoms to look out for and what to do if you have these symptoms is on the <a href="NHS website">NHS website</a>.

You may also want to have a read of the <u>top 5 health threats faced by students</u> (including measles).

## In case you missed it:

- A new study has found international students in Leeds contribute £390m to the UK economy. Read more about this and how we back the #WeAreInternational campaign.
- #TimeToTalk took place earlier this month and it was a chance for us all to be more open about mental health. Read what people were tweeting about how to break the silence around mental health.
- Partnership Awards are now live. If someone has inspired, helped or supported you, nominate them for an award.

#### Events on campus over the next two weeks

- It's the return of Pepper and Fidget, the Pets as Therapy dogs, in LUU on <u>Thursday 8</u> <u>February</u>, 12.30-1.30pm.
- Learn simple, life-saving skills that may help a family member, friend or even a stranger in a hands-on first aid session. Thursday 8 February, 6-8pm.
- Help Homed hand out vital supplies like food and care packages to rough sleepers in the city centre on Friday 9 February, 1-3pm
- If you're interested in sustainability, there's free lunchtime lectures in Earth and Environment every few weeks. Visit the <u>leaf website for details</u>. The next event takes place on Tuesday 13 February.
- Enjoy an epic feast in the Union, featuring delicious foods from around the world, while you mingle and meet new people of different backgrounds. <u>Tuesday 13 February</u>, 4-8pm.
- Disabled students, or a non-disabled students interested in disability issues, pop along to the <u>weekly tea & coffee session in the Union</u>. The next one is on Wednesday 14 February.

Visit our student website calendar and LUU what's on pages for details of other events on campus.

#### Don't forget to follow us on social this semester

Stay updated with University happenings by joining our <u>Facebook group for current students</u> and by following <u>@UoLStudents</u> on Twitter.

You can also visit <u>students.leeds.ac.uk</u> for everything you'll need while you're at Leeds and previous copies of our student newsletter.