The Leeds Doctoral College Newsletter is emailed to all PGRs each month and can also be found online here: po.st/DCNewsletters. Send your thoughts and any feedback to doctoralcollege@leeds.ac.uk

Last Month
December’s first Doctoral College Christmas Party included a ‘Bake Your PhD’ competition, which was won by Pauline Oustric (Institute of Psychological Sciences), with runners-up Thomas Goodfellow (Centre for Doctoral Training in Fluid Dynamics) and James Mason (School of Media and Communication). You can see photos from the event here.

The Doctoral College Reverse Advent Calendar garnered an overflowing box of items for the local Trussell Trust food bank. Thank you to all generous contributors. The Trussell Trust reports a sharp fall-off in donations following the Christmas period, but there is no drop in the number of people who need the help that a food bank can provide. We will therefore be setting up our collection point again from 1st February and we hope to help on a more consistent basis. If you can help, donations of non-perishable food items and toiletries are very welcome at any time.

Videos from December’s Doctoral Showcase entrants, including 3 Minute Thesis and PGR of the Year, can now be found on YouTube. Congratulations to all who took part and thank you to everyone who came along to show support.

Feeling at Home in Leeds
The International Student Office is running a free 5 week course for international postgraduate students called ‘Feeling at Home in Leeds’. The course will help improve and develop skills including: participating in academic groups, making social conversation, seeking help, and expressing disagreement and saying no.

Sessions are held on Wednesdays 15:15-17:30 from 14th Feb to 14th Mar 2018. If you want to apply or find out further information, please attend the introductory meeting on Wed 31st Jan at 15:00 in
Baines Wing, room 2.15 – book your place for the introductory meeting by emailing your name and student number, with ‘Feeling at Home in Leeds’ as the subject, to globalcommunity@leeds.ac.uk

LUU Updates

- **Lead Your Union!** LUU need a new set of leaders for the 18/19 academic year. You can learn about which role would suit you best [here](#). If you think you have some great ideas on how we could change things, from better PG representation to more support for PGR students, then nominate yourself [here](#) by Friday 9th Feb. Advice for international PGRs who are thinking of nominating themselves can be found [here](#).
- **Leeds Partnership Awards** - Nominations open until 19th Feb! The Awards recognise and celebrate the achievements and impact of students, postgraduate researchers, and staff at Leeds. If there’s someone who has made a difference or gone the extra mile, [nominate them](#) for an Award to ensure they get the recognition they deserve. Categories include Innovation, Supervisor, Positive Impact, and the Postgraduate Teaching Award. Find more info on the [LUU website](#).
- **PG Hub** – Regular events include:
  - PhTea – a monthly drop-in peer support group for PGRs to talk about anything and everything but your research. Free drinks and cakes!
  - Writing cafe – an opportunity to get out of your PGR offices, get some natural light and lumie to combat winter blues and writer’s block, and relieve some stress by bouncing ideas off other PGRs from various disciplines.

Find out more about these and other LUU events for PGRs by following: [facebook.com/LeedsPGHub/](http://facebook.com/LeedsPGHub/)

Language Centre Support

If you are a first year international PGR and feel you would benefit from support for language/writing development, take a look at the programme of one-off workshops and six-week writing courses offered by the [Language Centre](#).

Lunchtime Drop-ins: Semester 2

For advice, support, and answers, come along to one of our lunchtime drop-ins, running daily 12:30-13:30 in 12.21 Ziff. The schedule is as follows – follow us on social media for updates:

- Mon  Training and Development
- Tue  Language Advice for PGRs
- Wed  Library and Research Skills
- Thu  Meet the PGR Events & International Interns
- Fri  PGRs and the Union (LUU)

Upcoming Events

**Research Nights 2: Mysticism, Nano-particles & Anonymity** – Tuesday 6th February, 6-8pm in Pyramid Canteen, LUU. All are welcome – no booking necessary. Follow the link for info.

Don’t forget to follow us on [Twitter](#) and [Facebook](#) to keep up with all of our exciting developments and events!