Life at Leeds





Life at Leeds is the student e-newsletter brought to you by the student communications team. The newsletter aims to help you make the most of your time at Leeds. Send your thoughts and any feedback to studentcommunications@leeds.ac.uk

Welcome back!

We hope you've had a great break. This term is a busy but exciting one and we aim to be with you throughout, providing you with all the information you need. Keep an eye on our <u>student calendar</u> to keep up to date with events and activities on campus over the next few months.

Everything you need to get through your exams

Exams start from Monday 8 January and last until Friday 19 January. Here's a roundup of everything you'll need to get through the two weeks.

Prepping for your exams:

- Libraries will be open until midnight for the exam period. The Laidlaw Library will be open 24/7 from Monday 8 January. Visit the <u>Library website</u> for more details.
- Other places to study on campus, grab a hot drink and charge your devices:
 - o <u>Cafes on campus</u>
 - Study spaces on campus
 - Computer clusters
- Check out the <u>revision tips and advice</u> to help you plan and make the most of your revision.
- Use <u>past exam papers</u> to get an idea of what to expect from your exams and revise.

On the day and after your exam:

- Personalised exam timetables are available to you through Minerva. There's a roundup of key dates, exam locations and when you'll receive your results on the student website.
- The dos and don'ts for exams includes what you can and can't take in to an exam.
- What to do if you've missed an exam and information on <u>applying for mitigating</u> circumstances.

Feeling the January blues?

January can be a difficult month, and whether you're missing home or worried about exams, there's lots of people you can speak to who understand, including:

- Your friends they know you well and may also be feeling the same as you. Send them a message, or find time for a chat. Often talking through your worries can make a real difference.
- Your family a call to your family can sometimes be just what you need to do. A
 chance to hear familiar voices, positive words and talk to someone who gets you can
 give you a well needed perspective on things.
- Your school/personal tutor they know what is going on and understand the feelings you may be having about exams. Have a chat with them so that they can make sure you get the information and help you may need.
- Leeds University Union they've been helping and supporting students for decades, and understand the pressures and emotions that you may be experiencing. Check out their <u>advice pages</u> for opening times and how to get in touch with them.

There's also lots of useful help and advice on the <u>support and wellbeing section</u> of the student website and in our <u>newsletter that focused on your health and wellbeing</u>.

Don't forget to follow us on social over the next term

Join our <u>Facebook group for current students</u> and follow <u>@UoLStudents</u> on Twitter to stay updated with University news.

Don't forget to use visit <u>students.leeds.ac.uk</u> for everything you'll need while you're at Leeds as well as <u>previous copies of our student newsletter</u>.